

Reports Week Ending 18th & 25th April 2010

Farnham RC Club 10 – 13th April by Andy Sturt

A nice clear evening on the A31 if a bit chilly and with a stiff north east wind. This made the going tough. Having said that some fast times were set. It was more like an open than a club event with 54 riders taking the start.

1st Chris Birch, East Street Cycles	20.58
12th Gary Sheffield, TVS (Sherborne)	23.51
14th Javi Nunez, TVS (Sherborne)	24.07
16th Andy Sturt. TVS (Sherborne)	24.15

Link to Full Result:

<http://www.farnhamroadclub.co.uk/results.html>

Antelope RT 3 up – 17th April by Andy Sturt

We had two teams at the Antelope this year. The Uni guys seemingly withdrawing their entry due to not enough riders & Dave Larkin also had to pull out of the event which meant we had to put in our reserve rider.

Team 1 consisted off Gary Sheffield, Andy Sturt and reserve rider Matt Wakeford riding for his new team. (Team Nemesis), team 2 consisted of a mixed team, Rick Millin, Grant Stretch and Joanna Louden.

From my point of view riding in team 1 the road conditions were appalling. On fast stretches with massive great pot holes that would not only cause punctures and break expensive wheels but also cause riders to crash. (as did happen). We managed to escape trouble on the first lap. With our avg up over 25mph we we're having a good ride. Matt riding on a normal road bike with no aero bars pulling 28mph on the front. The team working well, that's until lap two when I hit a pot hole riding last man and punctured the disc. Matt and Gary carried on to record a decent 1:14:59 but are not classified in the overall as only two riders.

Team 2 didn't fair much better. A 4 minute late start followed by a puncture for Grant. Grant did fix it and finished in a time of 1:37:23. Jo and Rick recorded a 1:26:27 as a two up leaving Grant to fend for himself.

Having broke wheels before on this course I think I'll think twice before doing it again. It would be fine as a solo where you can see what's coming but riding last man is lffy.

Link to Full Result:

http://www.rttc.org.uk/?&ge482__geka=0qr-ktkYrcYzPU7-JC7bf4TEQVysEdko9FNyoET_y_VLzi1DNw8gXYlC1i_AlQaDn-4kLRJ8nnRqAfaBZEmtkgtYr24AZHy7mVsOA-L2KNU&ge482__gevi=bkosVTEcmXX5ekdECVvBmA&gv484__gvac=2&gv484__gvff0=54882&gv484__gvfl0=0&language=en-GB&tabid=109

Farnham RC Club 10 - 20th April

Gary Sheffield rode this one and in another big entry field did a 24:18 for 13th place

Link to Full Result:

http://www.farnhamroadclub.co.uk/results/2010/results_2010_04_20.pdf

Bath CC 10 – 24th April – by Chris Long

Set off from home pretty early for this one as my start time was 8:31, it was looking good as I drove towards Swindon, the sun was shining and no wind although it was only a few degrees at 6am. Arrived at the HQ around 7am and got signed on and then drove to a lay-by near the start to set up for my warm up, it seemed to be warming up a little bit by the time I completed my warm up and there was a very gentle breeze that would be slightly against you on the way out so it was looking like it could be a pretty quick day albeit it was still fairly cold!

Got to the start with a few mins to spare and watched the ledged that is Ian Cammish set off a minute before me. My turn to go and then I was off, I started as usual with a big effort to get going and then looked down to check my speed but the sensor wasn't picking it up! Unbelievable! Tried to fiddle about with it a few times but that was losing me time so just decided to ride at what I thought was the right pace.

I got to the turn in what must have been around 10 minutes and then had to negotiate the tricky 2nd mini roundabout and was then back onto the dual carriage way heading back. The road rises slightly on the way back so just pushed as hard as I could but had no idea what time I was doing due to the sensor problems. As I approached the finish I really tried to keep the power up and as I crossed the line shouting my number I was pretty much on my limit. After a minute or so of easy pedalling I arrived back at the car and checked the time on my phone and worked out I must have been around 21 minutes but would have to wait to get back to the HQ to see the result!

I sat on the turbo for about 15 minutes just spinning and spoke to a few guys coming back after their rides and it looked like there was going to be some quick times as it had started to really warm up & looked like the really fast guys going later on could be setting some impressive times.

I eventually headed back to the HQ and went and got a cup of tea and waited for the results to come in, as the scorer started marking up the times I watched as he got closer to my name, Ian Cammish (starting a minute before me) did a 20:07, then me at 20:32. that was a nice feeling and only 25 seconds behind Ian Cammish – happy with that!!

As the remaining times went up there were 6 riders under 20 minutes and the winner Stu Dodd doing an incredible 19:04 and he was slowed down at one of the roundabouts by a car in his way!!

My time gave me 12th place (3rd VET) and beat quite a few decent riders so my best result so far this year in another really strong field.

Link to Full Result:

http://www.rttc.org.uk/?&gel246__geka=MoeMaZhZdmGPSYuQ8onYwr5VtT1Mpze2fhLDMJ2raIcqkycJrweT-tOSegOH8lwz3vaon_fP-0YietdGh8vrw&gel246__gevi=bkosVTEcmXX5ekdECVvBmA&gv484__gvac=2&gv484__gvff0=54908&gv484__gvfl0=0&language=en-GB&tabid=109

Newbury RC 25 – 25th April – by Andy Sturt

First time out on this course this year. For some reason I entered thinking it was a 10. (Its an age thing). The weather was really warm and sunny but a stiff cross wind slowed progress on the way out.

Unusual for this course the road surface was fairly good. With the worst section just after the turn at the M4 end being partly resurfaced, making the normal draggy surface feel ok. As usual with this course it's push hard all the way with no respite anywhere being that it's very flat.

Riding for the first time with the power meter I could see why my legs blow up so easy into the wind. With a lactate threshold around 200 watts pushing 350 in places tends to hurt. Still mid field finish which is an improvement lately.

Winner, Julian Jenkinson, Utag Yamaha.com 53:35, 30th Andy Sturt TVS (Sherborne) 1:01:56

Link to Full Result

http://www.rttc.org.uk/?&gel246__geka=MoeMaZhZdmGPSYuQ8onYwr5VtT1Mpze2fhLDMJ2raIcqkycJrweT-tOSegOH8lwz3vaon_fP-0YietdGh8vrw&gel246__gevi=bkosVTEcmXX5ekdECVvBmA&gv484__gvac=2&gv484__gvff0=54900&gv484__gvfl0=0&language=en-GB&tabid=109